



# BOOST

Listen to part of Rachel Turner's input on "Faith at Home" here...

[https://youtu.be/7\\_ZZBvHoB9A](https://youtu.be/7_ZZBvHoB9A)

***This document lists a variety of resources shared by SE Partnership Members to support families, churches and other organisations on the theme of "Faith at Home".***

*Please note the SE Partnership Group do not accept any liability for the content of books/websites/other resources referenced here nor do any references imply endorsement by any specific Partnership member.*

Video introduction to Parenting for Faith

<https://youtu.be/vd3k6p0k4PY>

parenting  
for faith

Summary of what Parenting for Faith offers

<https://parentingforfaith.org/what-we-offer>

Free, 8 week course (that's working really well as an online course) <https://parentingforfaith.org/course>

A segmented website with posts for parents and carers

<https://parentingforfaith.org/parents>, and for the churches supporting them <https://parentingforfaith.org/churches>

Posts and resources relating to coronavirus for both parents/carers and church leaders and volunteers <https://parentingforfaith.org/topics/responding-coronavirus> including articles on engaging with online church, death and grief, keeping connected with families, five ways to help kids meet and know God in a pandemic, and answering kids' big questions about suffering.

Resources to download to share with families:

- ⇒ God, Me and Covid-19 Journal <https://parentingforfaith.org/post/me-god-and-covid-19>,
- ⇒ 'Tools to try today', an introduction to the five key tools for parents and carers <https://parentingforfaith.org/post/toolstotrytoday>
- ⇒ 101 ways to start a conversation with God printable <https://parentingforfaith.org/101>

Facebook pages and groups – search 'Parenting for Faith'

## Quick Links...

**Faith at Home:** A monthly digital magazine for parents to encourage you in sharing and exploring faith at home. Sign up for a free account with Youth and Children's Work magazine and you can download all current and previous editions

[www.youthandchildrens.work/Faith-at-Home](http://www.youthandchildrens.work/Faith-at-Home)

**Illustrated Ministry:** Free, weekly, faith formation resources for all ages [www.illustratedministry.com/flattenthecurve](http://www.illustratedministry.com/flattenthecurve)

**Trueways Kids:** Free resources each week for families to print and use with pre-school children. [www.truewaykids.com](http://www.truewaykids.com)

**Nick & Becky Drake:** Are using Facebook to give families something to do together with action songs, all age Bible teaching at [www.youtube.com/user/worshipforeveryone](http://www.youtube.com/user/worshipforeveryone)

**Little Worship Company:** Have produced free online stories and songs for young children: <https://www.youtube.com/channel/UCU0THiwLn9TCAHLrcpYGL8A>



## BOOST



Just 50% of children growing up in Christian homes keep their faith as adults. Research shows that parents are the biggest influence on their children developing a faith that lasts, but many don't know where to start or feel unqualified to nurture faith in their kids.

The *Kitchen Table Project* aims to encourage and equip parents to help their children grow in faith at home.

*We've found there are four key elements that build faith: creating a warm, safe home environment; parents being real and authentic in our own faith; parents intentionally spending time with their children talking about God, and belonging to a church family where kids recognise they are part of something bigger. And of course this all needs to be underpinned with prayer – praying for and with our kids...*

Find out more at [www.kitchentable.org.uk](http://www.kitchentable.org.uk) and sign up for the monthly newsletter where you'll get lots of ideas and encouragement.

The Kitchen Table Project is part of national charity Care for the Family who have spent over 30 years strengthening family life in the UK.

### **Books**

#### **Raising Faith**

**Katharine Hill and Andy Frost**

*Easy-to-read magazine style book to designed for busy parents to discover simple ways to bring God into everyday life at home and inspire faith in their children.*

#### **If you forget everything else remember this: Parenting in the Primary Years**

**Katharine Hill**

*Great tips and advice for parenting through the early years and creating a warm, safe environment for our kids.*

#### **Getting your kids through Church without them ending up hating God.**

**Rob Parsons**

*Find out how to keep your children and kids engaged with church life.*

### **Small group resources**

#### **Raising Faith sessions**

6 small group sessions exploring what helps build faith and how we can help our children grow in their love of God.

**Inspire session** (free to download)

A great introduction for parents to explore how they can inspire faith in their children at home. This one-off session gives parents the opportunity to talk together about what might work for their own unique family and learn from each other.

### **Online Resources**

Check out [www.cff.org.uk](http://www.cff.org.uk) for a wealth of resources on marriage, parenting and bereavement.

### **Quick Links...**

**Pilgrimage @ Home:** A resource to help you to physically move about your home as a family whilst learning more about God and the faith in your family.

<https://www.rochester.anglican.org/content/pages/documents/1587552422.pdf>

**Bring Bible Stories Alive:** Try acting and videoing the story, this engages children and young people into parts of the narrative and characters here's an example from All Saints Brenchley.

[https://www.youtube.com/watch?v=aZs\\_axrGvu4](https://www.youtube.com/watch?v=aZs_axrGvu4)



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## **Kids Club by Post**

Free weekly downloadable activity pack for primary age groups. The pack is designed for group leaders to send to families whose children usually come to children's clubs, Sunday schools etc. It is also used in some schools. Available in Welsh and English.

[https://www.energize.uk.net/pages/kids\\_club\\_by\\_post](https://www.energize.uk.net/pages/kids_club_by_post)



# URBAN SAINTS

## **Energize at Home**

Weekly sessions adapted from Energize group resources specifically selected to be deliverable in a home setting. There are sessions available for ages groups 3-6s, 7-10s and 11-15s. Sessions are free to view here <https://www.energize.uk.net/series/65>

## **Articles**

7 ways to encourage parents and carers during the pandemic

[https://www.energize.uk.net/articles/Now/7\\_ways/support\\_parents\\_and\\_carers](https://www.energize.uk.net/articles/Now/7_ways/support_parents_and_carers)

7 ways to use Energize from home

[https://www.energize.uk.net/articles/Now/7\\_ways/Energize\\_from\\_home#](https://www.energize.uk.net/articles/Now/7_ways/Energize_from_home#)

Strong! Building resilience in young people

[https://www.energize.uk.net/articles/Blog/resilience\\_training](https://www.energize.uk.net/articles/Blog/resilience_training)

Lost! Helping young people cope with loss

[https://www.energize.uk.net/articles/Blog/loss\\_training](https://www.energize.uk.net/articles/Blog/loss_training)

## **Family Subscriptions**

Families can now take out a free 30 day trial to Energize with the option of then subscribing for a reduced rate

[https://www.energize.uk.net/pages/energize\\_for\\_families\\_subscription](https://www.energize.uk.net/pages/energize_for_families_subscription)

**Red  
Balloon  
Foundation**



## **BalloonStream**

RBF streams live and interactive sessions for children, young people and their families to engage in together bringing faith directly into the home.

[www.rbf.org.uk/balloonstream](http://www.rbf.org.uk/balloonstream)

## **BalloonBox**

RBF provides a one off/subscription service for families to receive a complete 'Sunday School in a Box' experience delivered direct to their homes, designed with simple crafts, prayer responses and short studies that families could easily repeat themselves and incorporate into their daily walk with God as a family...

[www.rbf.org.uk/balloonbox](http://www.rbf.org.uk/balloonbox)

## **Quick Links...**

**Bible Chat Mat:** A great way to do God as family. A printable resource that can be used around a meal table, sitting on the sofa, in the garden or wherever works best. This activity can be done as a household, friends together, Sunday group... The sheets can be coloured and doodled on, allowing you to respond to the Bible in your own unique way.

<https://www.bathandwells.org.uk/supporting-children/youth-children/resources/bible-chat-mat/>



## BOOST

### 15 Practical Bright Ideas for Families to Try!

1. **Noah's Ark:** count how many stuffed animals can fit in one space (on a bed, a table, in a box or bathtub, etc.). Create a mini-zoo with the animals, and help them "walk" into the designated "ark" space. Feel free to re-enact the storm and flood, too!
2. **Tower of Babel Jenga:** play a round of Jenga, or take some basic blocks and see how high you can stack them before they fall over. Find some words in another language, and practice them as you stack the tower.
3. **Wilderness Wandering:** re-create the Israelite wandering in the wilderness. Make a fort in the living room, or pop up a tent in the backyard. Remember the desert experience of the people of God. You can even recall the provision of manna by enjoying a rice cake snack. Consider how it might be to eat the same thing every meal, every day.
4. **Jump around Jericho:** pile up as many boxes as you can find to make a "Jericho" wall. Walk around the wall, make some noise, and topple the boxes down!
5. **David's Slingshot:** experiment with different methods of creating slingshots. Use cloth, rubber bands, branches, or other materials to make a flinging instrument. Test the slingshots OUTSIDE and see which make things fly the farthest.
6. **Royal Adornments:** there are plenty of great Bible stories centred on kings and queens. Celebrate by making a crown out of paper, cardboard, glitter, or other decorative materials. Add a regal "robe" or jewellery for a fun fashion show.
7. **Sheep Search:** the Bible gives us lots of great sheep and shepherd analogies. Hide cotton balls around the house or the yard. Have kids hunt for them and count them as they go to see if all have been found (great for young kids and counting practice!).
8. **Wisdom Calligraphy:** select a verse from the book of Proverbs. Re-write the verse on special paper, with fancy decorative writing and colour.
9. **Be Still:** light a candle, and practice being silent and still. Take a few minutes to sit quietly and observe the candle, thinking about God and His presence.
10. **Fishers of Men:** Several disciples were fishermen. If you have a wading pool, put some water in it and walk around "fishing" small toys or rocks. For extra fun, place some marbles or small items in the pool, and use toes to scoop them out!
11. **Sensational Miracles:** Jesus did a lot of healing for people who could not use all of their senses (blind, deaf, lame). To appreciate our senses, have kids randomly draw a sense to temporarily lose, and go through some daily activities without that sense. How hard is it to make a sandwich with a blindfold? If you plug your nose, can you still taste? Consider how marvellous God has made us, and what a blessing it is to be alive.
12. **Epistle Writing:** Write some epistles! Just like the Apostle Paul, we can encourage others through the written word. Have kids write cards or letters to people and send them via "snail mail." Younger children can draw or colour pictures to send.
13. **Spirit Fruit Stamp:** Cut several fruits in half, and have kids make art by sticking the fruit in paint and "stamping" it onto paper. See which fruits work best for this, and practice writing and memorising the fruits of the spirit.
14. **Celebrate Creation:** go outside for a mini nature walk. Try to find as many living things as possible. Maybe you can even catch some bugs in a jar!
15. **Planting:** it might be a full garden or a seed in a paper cup. Talk about how things grow, and how our life in Christ can grow with prayer and reading the Bible. Talk about how we can "plant seeds" in friends, too.



**BOOST**

**Bookshelf**

**It Takes a Church to Raise a Parent:  
Creating a Culture Where Parents Can Flourish**  
*by Rachel Turner*

**Parenting as a Church Leader:  
Helping your Family Thrive**  
*by Rachel Turner*

**Liturgy of the Ordinary:  
Sacred Practices in Everyday Life**  
*by Tish Harrison Warren*

**Faithful Families:  
Creating Sacred Moments at Home**  
*by Traci Smith*

Check out loads more reading suggestions at:  
<https://www.theworldneedsafather.com/books/>



Access to Girls' Brigade's extensive resource library is free and contains a wealth of session plans and other materials on a range of topics...

<https://www.girlsbrigadeministries.org.uk/resources/>



While so many children are being homeschooled, OTB have created some **resources** to help families engage with the Bible. You can also find out more about how Open the Book helps young people to engage with the Bible on our **website**.

Homeschooling resources can be found here  
<https://www.biblesociety.org.uk/explore-the-bible/homeschool-resources/>

**Enjoyed this BOOST?  
Why not sign up for the  
next one coming in  
September 2020...**

# WELLBEING IN THE NEW NORMAL

*Online training with Dr Kate Middleton (Mind & Soul)*

*Thursday 3rd September 2020 | 10-12noon*

*Book at [www.separtnership.org.uk/boost](http://www.separtnership.org.uk/boost)*



**BOOST**

ONLINE ROCKET FUEL FOR  
CHILDREN'S, YOUTH & FAMILIES'  
WORKERS, CHURCH LEADERS,  
VOLUNTEERS AND PARENTS/CARERS